

Tasmania update

Hello all and Happy New Year!

Fire warnings

Summer has truly arrived in Tasmania and for the last few weeks we have unfortunately experienced issues with fires throughout the state.

We are so thankful that the local Emergency Services have included an Auslan Interpreter on TV for all the serious emergency announcements. It is great to see that we have accessible information for deaf/hard of hearing Tasmanians.

The Tasmanian interpreted announcements have also been screened on the mainland and we have received positive feedback from the general community.



Victoria has also had extreme heat conditions and Auslan interpreters have been used there as well for daily news announcements.

New office signs

You may have noticed that our Hobart office has new signage featuring our new logo and colours. We will let you know when the signage for our Launceston office is finished.



Above: Mel and Joyce interpreting for emergency weather announcements

Below: Hobart Christmas lunch cruise to Peppermint Bay. See more photos on page 11



Do you want to receive this newsletter via email?
Please email infotas@expression.com.au
and we will add you to the email distribution list



Chris Mathieson's visit

Last December, we were excited that our CEO, Chris Mathieson, came to stay in Tasmania for over one week. We organised many activities during that week.

Stephen Nicholson
Expression Australia
Program Manager

Chris and I met with some local Government MPs to discuss deaf/hard of hearing issues

in Tasmania.

We also hosted a networking event with external service providers, a community consultation, and went on a Christmas lunch cruise to Peppermint Bay. Please see the photos on the next page.

BBQ in Devonport

Chris will be coming back to Tasmania in March/April and will be in north/north west Tasmania for community consultations. We will also have a community BBQ on Sat 30 March in Devonport. More information will be available soon.

New staff

We would like to welcome two new staff members to the Expression Australia team. Ali Dowl will work with us on Wednesdays. She will be interpreting both face-to-face and via video remote interpreting from the Hobart office. We also have Joy Churchill

as casual support worker for northern Tasmania. Welcome Ali and Joy.



Left:
New external
sign at Hobart
office

Healthy Living Workshops

Last October/November we provided 5 Healthy Living Workshops across Tasmania where we launched four videos in Auslan about health related topics. These videos are now on our website, and will soon be available on the Diabetes Tasmania website. I want to thank Diabetes Tasmania for a wonderful partnership during this project and also thanks to the Tasmanian Government for the funding to support this project.

Dinosaur exhibition

On Saturday 16 February, in Hobart there will be an Auslan event at the Tasmanian Museum Art Gallery (TMAG). They will have exhibitions about the Dinosaur's secrets of survival. Conexu and TMAG have been working together to provide information in Auslan. Please support his event and bring your smart phone or tablet. They will show you how to access information in Auslan. It is an exciting activity - please see details on page 15.

NDIS

The NDIS has now been fully rolled out in Tasmania. It is available from age 0 to 64 years old. If you have not applied yet or need pre-planning support, please contact us and we will be happy to provide information to you. This will help you to be prepared before you meet the NDIS Planner.

Appointments

As we are getting busier with providing NDIS support services I would like to remind you to please contact us by SMS or email to organise an appointment first before coming to visit our offices. Sometimes we need to close the office for a few hours while we attend appointments. We do not want you to be disappointed when you come and find that we are not available to see you.

Enjoy reading your newsletter.



Left and below:

CEO Chris Mathieson running a Community Consultation evening in Hobart



Top:
Expression Australia
staff with CEO Chris
Mathieson



Right: Guests at
Networking event
on the wharf

Aim: To further the education, learning and leadership opportunities for young deaf Tasmanians.



Expression Australia encourages eligible young, deaf Tasmanians to apply for this scholarship.

- Be 30 years old or younger at the time of submission

To complete an application form and to view the application guidelines, please contact Expression Australia on:

E: infotas@expression.com.au

P: 6228 1955

M: 0418 341 373

or visit our website to download the forms:

<http://tasdeaf.org.au/news-events>

To be eligible, you must:

- Reside in Tasmania
- Use the scholarship to learn, to develop skills and experience that will support you becoming a leader in the Tasmanian Deaf Community

Auslan Connections

Information for clients with a NDIS plan

Please note that Auslan Connections, our interpreting service, has a new SMS number - **0438 723 342**

This is only for NDIS clients to SMS weekdays - Monday to Friday between 9.00am - 5.00pm.



For urgent afterhours interpreting (e.g. after 5.00pm weekdays or on weekends or public holidays) request that the hospital or police contact Auslan Connections on (03) 9473 1174.



Expression Deaf Grants



Proudly a part of
Expression Australia



The Expression Deaf Grants aim to give people who are Deaf and hard of hearing the opportunity to create access, inclusion and equal opportunity in all areas of life.

If you have an idea on how to do this, we'd love to see your Expression Deaf Grant application.

To submit an application for an Expression Deaf Grant, you can:

- Fill out this application form
- Make an Auslan video of your application and email either a link to your video to view or download (e.g. YouTube, dropbox)
- Use the subject line "Expression Deaf Grant Application" in your email

Application dates for the 2019 Expression Deaf Grants are:

Round 1	Round 2	Round 3	Round 4
Jan 31 2019	Apr 30 2019	Jul 31 2019	Oct 31 2019

Email your Expression Deaf Grant application form, or email a link to your Auslan application to grants@expression.com.au before the close of the round.

Access. Inclusion. Equal Opportunity.

expression.com.au

Access Coordinator update



Michelle Czyzowicz
Expression Australia
Access Coordinator

I am loving my new role as Access Coordinator! Here is an update of what has been happening in the last seven months and what is coming up.

NDIS pre-planning

I have been very busy meeting with members of the Deaf community from all areas of Tasmania and other states. This has been mainly to offer pre-planning advice to support participants in getting the most out of their NDIS plan.

NDIS Hubs

There have been many NDIS Information Hubs held around the state. These have been a great opportunity for people to come along and meet staff, ask questions about the NDIS and find out what services we offer.

Youth Leaders Reception

I had the incredible opportunity to meet Meghan Markle, Duchess of Sussex, in Melbourne at the Youth Leaders Reception! I am still pinching myself that I have had the opportunity to meet and actually talk with her. I also met Joel Creasey who also attended. You may know him as a comedian or from the show "Take me Out".

Deaf Sport

Jeanette and I will be supporting an Education Department and Deaf Sports Australia event that will be held in Deloraine and Hobart in April.



Youth Engagement

Recently our Youth engagement officer, Olivia Beasley (photo below) from Melbourne, visited our offices in both Launceston and Hobart for a 3 day stay.

The main purpose of her visit was to focus on youth in Tasmania.

While she was here, she visited the camp that was set up by the Department of Education for Hard of Hearing and Deaf children from across Tasmania.

Expression Australia staff from both Hobart and Launceston were invited to participate for the day and provide a few fun games for the children. The rest of the trip was mainly work as usual - it never stops for us all. Her last day ended with us taking her out to Ti Ama for a gourmet Italian dinner!



Right:
Michelle meeting Joel Creasey
and with Olivia Beasley outside
the Hobart office with the old
signage

Healthy Living Workshop



In 2018 Expression Australia ran five workshops across Tasmania with a focus on healthy living. The workshops were held in Burnie, Devonport, Launceston and Hobart and delivered in Auslan.

These workshops were a result of a grant obtained from the Tasmanian Government and Community Partnership - Healthy Tasmania.

Topics included: healthy eating, nutrition, wellbeing, movement, exercise and diabetes

There are videos available to view which were shown at each workshop.

Please visit our website www.tasdeaf.org.au and click on News & Events to view the videos.



Above:
Healthy Living Workshop in Burnie

National Relay Service Information



Australian Government

Department of Communications and the Arts

Accesshub

- The NRS website, facebook and twitter are now closed.
- There will be **no changes to how you make NRS calls** - it is the same process.
- **Information needed to use and access the NRS** is now on Accesshub website at: www.communications.gov.au/accesshub.
- Accesshub is the new, central place to go online to find out about all the communication options available to people who are deaf, hard of hearing or have a speech impairment.
- Accesshub is run by the Department of Communications and the Arts, which is responsible for the management of the NRS.

Hobart PCYC's Instruct-Ability Program

Please see the flyer on the opposite page about the Hobart PCYC "Instruct-Ability" program. The Deaf Instructor is Jarran Harris.

The aim of the program is to increase diversity and provide improved opportunities for deaf people of all ages and abilities to access exercise/activities.

Commencing from 5th December 2018, Hobart PCYC will offer the following spread of classes each week:

- 2x Exercise Classes for people aged 15+ years with classes taken by a Deaf instructor that is fitness industry qualified.
- 2x Seniors Fitness Classes taken by a Deaf instructor that is fitness industry qualified.

During the pilot period, the cost of Club memberships and wages will be met by the Hobart PCYC (meaning that **participation will be free for 6 months**).

It is hoped that support for the Instruct-Ability Program will enable the Hobart PCYC to ensure that deaf people have opportunities to fully participate in accessible activities.

Please support PCYC in this great initiative!



Left:
CEO, Chris
Mathieson,
General Manager
PCYC, Alison Ritchie
and Program
Manager, Stephen
Nicholson



InstructAbility Program

Free 6 Month Gym Membership and Exercise Classes for Deaf Tasmanians



PROGRAM DETAILS:

Hobart PCYC is delighted to introduce a fun and exciting program for deaf people to participate in a non-competitive exercise program aimed at improving overall health and increased participation of individuals aged 15 years+.

We are also excited to announce that all classes will be lead by Fitness Instructor, Mr Jarran Harris; who is a member of the deaf community.

With support provided by the Hobart City Council, Hobart PCYC is pleased to announce that all participants will be provided with a **FREE** Hobart PCYC Membership and **FREE** access to the classes operated by Mr Jarran Harris for a period of 6 months.

The Program will operate at the Hobart PCYC, 300 Liverpool Street, Hobart and run from 5th December 2018 until 29th May 2019 with the following spread of classes each week

Wednesday	12.30pm – 1.30pm Senior Fitness 1.45pm – 2.45pm Fitness for Fun (Ages 15+)
Saturday	12.30pm – 1.30pm Senior Fitness 1.45pm – 2.45pm Fitness for Fun (Ages 15+)

Please Note: In the lead up to Christmas, the program will close from 23 December 2018 and recommence on 16 January 2019.



HOW TO ENROL:

Please contact Hobart PCYC on 6230 2246 or by email at enquiries@hobartpcyc.org.au in order to obtain an enrolment form, pre-exercise screening form and complete schedule of all class dates and times.

Proudly Supported by the Hobart City Council

Deaf Social Group

Come along and join the Deaf Social Group (for Deaf and Hard of Hearing people and Seniors) in Hobart.

They meet weekly for a catch up and a cup of tea or coffee.

When: Each Tuesday
Time: 10am - 3pm
Venue: Expression Australia, 130 New Town Road, New Town

There are often lunches and activities off-site.



All are welcome from Tasmania and other states to come along and join in. The more the merrier!

Left: Melbourne Cup at Mornington Inn

Competition winners:
Right: Beryl Tabor - best hat
Above: Janice Tonks - hamper

Right:

Recent visitors included Fran Collins, Level 3 interpreter, from NSW and visitors from Melbourne and Queensland



Community photos



Left:

Christmas lunch cruise to Peppermint Bay

Right: Deafblind social group with volunteers at Bridestowe Lavender Farm

Below: Launceston Deaf Christmas dinner at Olde Tudor Inn Prospect



Auslan classes in Tasmania



Learn Auslan and express yourself!

Term 1, 2019

Enrol at expression.com.au/auslan



Weekly classes

Level One

Location	Day	Time	Date
Launceston	Mondays	5:30PM - 7:30PM	18 Feb - 1 Apr
Hobart	Mondays	5:30PM - 7:30PM	18 Feb - 1 Apr

Level Two

Location	Day	Time	Date
Launceston	Tuesdays	5:30PM - 7:30PM	19 Feb - 26 Mar
Hobart	Tuesdays	5:30PM - 7:30PM	19 Feb - 26 Mar

Weekend Classes

Location	Day	Time	Date
Launceston Level One	Sat/Sun	9:00AM - 4:00PM	2 Mar & 3 Mar
Launceston Level Two	Sat/Sun	9:00AM - 4:00PM	16 Mar & 17 Mar
Hobart Level One	Sat/Sun	9:00AM - 4:00PM	2 Feb & 3 Feb
Hobart Level Two	Sat/Sun	9:00AM - 4:00PM	16 Mar & 17 Mar

To enrol online go to: expression.com.au/auslan

Auslan classes for families and the community



Auslan for families and the community - 2019

We will provide 1 free Auslan session a month for beginners. You will learn some basic Auslan and have an opportunity to practice. This is suitable for families and the general community. Classes are free, interactive and fun!

When: Dates below – service will end on 1 June 2019

Venue: Expression Australia, 139 New Town, New Town

Time: 2.00pm – 3.00pm

Auslan for families	Auslan for community
Sat 9 Feb	Sat 23 March
Sat 13 April	Sat 25 May
Sat 1 June	

This activity will end after Sat 1 June 2019 as our DHHS funding expires on 30 June 2019. We can provide Auslan tuition to you under your NDIS plan. Please contact us for assistance with including this in your NDIS plan.

All welcome!

expression.com.au

BBQ in Devonport - save the date!



Put it in your diary! **BBQ in Devonport**

When: Saturday 30 March 2019

Venue: Mersey Bluff Reserve, Bluff Road, Devonport

We will contact you with more details soon.

25th Australian Deaf Golf Championships

A reminder that 25th Australian Deaf Gold Championships (ADGC) will be held at Country Club Tasmania's golf course facility over three days from 14-16 April 2019.

The 34 hole event will attract a number of golfers from around Australia representing a number of States and Territories. If you would like more information, please contact the Tasmanian Deaf Golf organiser - Leigh Harrison on 0432 188 390 (SMS only).



17th Deafblind International World Conference 2019

AUGUST 12-16, 2019 | GOLD COAST, AUSTRALIA

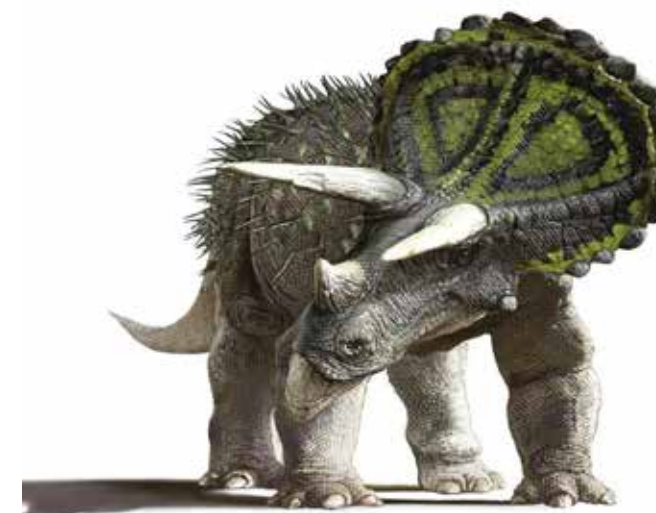


Registration is now open for the 17th Deafblind International World Conference 2019 hosted by Able Australia to be held:

August 12 -16, 2019
Surfers Paradise Marriott Resort
Gold Coast, Queensland, Australia



To register go to - <https://event.icebergevents.com.au/dbi-2019/registration>



7 Dec 2018 – 5 May 2019

**DINOSAUR
REVOLUTION**
SECRETS OF SURVIVAL

Presented by The Royal Society of Tasmania
and the Tasmanian Museum and Art Gallery



GROUP TOUR

Bring your own iPad, iPhone, Android device

When: Saturday 16 February 2019

Cost: \$15 Adult, \$10 (concession)
\$5 child
\$35 Family (2 adults, 2 children)

Time: 1pm

Where: TMAG – 16 Davey St, Hobart.

RSVP: hello@conexu.com.au

Download TMAG content before you
are ready to go!



Invitation to submit articles

Expression Australia would like to invite members to submit articles that they may wish to share with the community.

What: Articles are to be no longer than 250 words

Deadline: 15th of - February, May, August, November

Submission: To Expression Australia by email - infotas@expression.com.au

Important Information

All contributions, once submitted, become the property of Expression Australia. The editor reserves the right to publish or to edit any article submitted for publication. All editing shall strive to remain true to the spirit of the original article. Opinions expressed (except in articles that are signed in an official capacity) are those of the author/s and not necessarily endorsed by the editor or by Expression Australia.

All best efforts will be made by Expression Australia to send out Signpost quarterly subject to staff availability, timing, receipt of articles, and other circumstances that may occur.



Expression Australia acknowledges the support of the
Tasmanian Government

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